VOL. XIV. ISSUE I

OFFICIAL PROGRAM OF MESSIAH ATHLETICS

TODAY'S GAME

#25 MESSIAH UNIV. FALCONS

vs. LYCOMING COLLEGE WARRIORS

(WILLIAMSPORT, PA)

LACROSSE TURF 1:00 PM



FALCON FACTS

- Messiah makes their way into the 2021 season ranked No. 25 in the preseason IWLCA poll. They were 4-2 last season before the season was cut short due to COVID-19. This season, the MAC Commonwealth adds ninth-ranked York College (Pa.) into the mix while also welcoming Eastern University to the conference.
- In her first game at Messiah last season, **Hope Flack** picked up 11 draw controls to tie the program record for most draw controls in a game with three other Falcons.

GAME NOTES

- The Falcons and Warriors will be meeting for the 26th time in program history this afternoon, with Messiah holding a 22-3 record in the series. Messiah won 21-4 the last time these teams met on Mar. 12, 2019.
- The Warriors are a very underclassmen heavy team, with only four upperclassmen and one senior on the roster. They lost their top two scorers to graduation last season, as they finished 1-3 in the COVID 19 shortened season.

FALCONS' SCHEDULE

| 3/6 | Lycoming College | 1:00 PM |
|------|-------------------------------|---------|
| 3/11 | at Stevens Institute of Tech. | 4:00 PM |
| 3/13 | Wilkes University | 1:00 PM |
| 3/17 | at Albright College* | 4:00 PM |
| 3/20 | Alvernia University* | 1:00 PM |
| 3/24 | Hood College* | 7:00 PM |
| 3/27 | at Eastern University* | 1:00 PM |
| 4/7 | at York College (Pa.)* | 4:00 PM |
| 4/10 | Widener University* | 1:00 PM |
| 4/17 | at Lebanon Valley College* | 6:00 PM |
| 4/21 | Stevenson University* | 7:00 PM |
| | | |

*indicates MAC Commonwealth contest

CONFERENCE STANDINGS

| | Conf. | Record |
|--------------------|-------|--------|
| 1 - Messiah | 0-0 | 0-0 |
| 2 - Albright | 0-0 | 0-0 |
| 3 - Alvernia | 0-0 | 0-0 |
| 4 - Eastern | 0-0 | 0-0 |
| 5 - Hood | 0-0 | 0-0 |
| 6 - Lebanon Valley | 0-0 | 0-0 |
| 7 - Stevenson | 0-0 | 0-0 |
| 8 - Widener | 0-0 | 0-0 |
| 9 - York | 0-0 | 0-0 |
| | | |

WARRIORS' SCHEDULE

| 3/6 | at Messiah University | 1:00 PM |
|------|--------------------------------|---------|
| 3/13 | at Widener University | 1:00 PM |
| 3/18 | at Lebanon Valley College | 4:00 PM |
| 3/20 | FDU-Florham* | 2:00 PM |
| 3/24 | at DeSales University* | 4:30 PM |
| 3/27 | at Delaware Valley University* | 1:00 PM |
| 4/7 | Misericordia University* | 4:00 PM |
| 4/10 | at Stevens Institute of Tech.* | 1:00 PM |
| 4/14 | Wilkes University* | 4:30 PM |
| 4/17 | at Arcadia University* | 1:00 PM |
| 4/21 | King's College (Pa.) | 5:00 PM |
| | *indicator MAC Freedom contect | |

*indicates MAC Freedom contest



UPCOMING ATHLETIC SCHEDULE

Wednesday, Mar. 3, 2021

7:00 p.m.- Men's Volleyball at Misericordia University

Thursday, Mar. 4, 2021

7:00 p.m. - Women's Basketball vs. Widener University

7:00 p.m. - Men's Basketball at Widener University

Friday, Mar. 5, 2021

7:00 p.m. - Men's Basketball vs. Widener University 7:00 p.m. - Women's Basketball at Widener University

Saturday, Mar. 6, 2021

11:00 a.m. - Wrestling at Alvernia University (Round Robin)

12:00 p.m./2:30 p.m. - Baseball vs. Albright College

12:00 p.m./2:00 p.m. - Softball vs. DeSales University

1:00/3:00 p.m. - Men's Volleyball vs. Widener University

1:00 p.m. - Men's Swimming Hosts MAC Virtual Meet

1:00 p.m. - Women's Swimming Hosts MAC Virtual Meet



#25 MESSIAH UNIVERSITY FALCONS - 0-0

| #25 MESSIAN ONIVERSITY TACCORS 0 0 | | | | | | | |
|------------------------------------|-------------------|-----|-------|------|-------------------------|--------------------------|--|
| No. | Player | Ht. | Class | Pos. | Hometown | Previous School | |
| 1 | AbbyEllen Wood | 5-7 | Fr. | M | Hatboro, Pa. | Upper Moreland | |
| 2 | Amanda Wadsworth | 5-5 | Jr. | Α | Stevensville, Md. | Annapolis Area Christian | |
| 3 | Abigail Evans | 5-7 | Jr. | Α | Woodstown, N.J. | Woodstown | |
| 4 | Emily Reisinger | 5-6 | Sr. | Α | Carlisle, Pa. | Carlisle | |
| 5 | Riley Latshaw | 5-8 | So. | M | Geigertown, Pa. | Palm Beach Atlantic | |
| 7 | Hope Flack | 5-7 | Jr. | M | Green Lane, Pa. | Liberty University | |
| 8 | Paige Megargee | 5-8 | Jr. | M | Kennedyville, Md. | Saint Marks | |
| 9 | Nicole Radcliffe | 5-3 | Sr. | D | Woodbridge, Va. | Woodbridge Senior | |
| 10 | Grace Gormley | 5-6 | So. | M | Boothwyn, Pa. | The Christian Academy | |
| 11 | Abby Howard | 5-7 | Sr. | Α | Westminster, Md. | Winters Mill | |
| 12 | Ehryn Groothoff | 5-9 | Fr. | M | Chebeague Island, Maine | Yarmouth | |
| 13 | Rachel Delate | 5-9 | So. | Α | Glen Mills, Pa. | Padua Academy | |
| 15 | Katie Heck | 5-7 | So. | M | Denver, Pa. | West Chester University | |
| 16 | Kayla George | 5-7 | So. | D | Middletown, Md. | Middletown | |
| 17 | Kelsey Norton | 5-6 | Jr. | D | Westminster, Md. | Winters Mill | |
| 18 | Sadie Leonard | 5-5 | So. | D | Elkton, Md. | Saint Marks | |
| 19 | Makenzie Schnur | 5-8 | Jr. | Α | Brunswick, Md. | Brunswick | |
| 20 | MaddiGrace Wood | 5-7 | Jr. | D | Hatboro, Pa. | Upper Moreland | |
| 21 | Jessie Wynne | 5-8 | Jr. | D | Edgewater, Md. | South River | |
| 22 | Emma Lytle | 5-4 | So. | Α | Lincoln University, Pa. | Avon Grove | |
| 23 | Katie Stottlemyer | 5-5 | Sr. | D | Myersville, Md. | Middletown | |
| 25 | Mackenzie O'Haver | 5-9 | Fr. | G | Dillsburg, Pa. | Northern | |
| 27 | Haven Brandenburg | 5-7 | Jr. | D | Myersville, Md. | Middletown | |
| 30 | Heather Burnham | 5-7 | Jr. | G | Westminster, Md. | Winters Mill | |
| 31 | Jana Krihak | 5-5 | Jr. | Α | Hainesport, N.J. | Rancocas Valley | |
| | | | | | | | |

RETURNING STAT LEADERS

| No. | Player | Goals | Asst. | Pts. | Shots | _ |
|-----|--------------|-------|-------|------|-------|---|
| 7 | H. Flack | 14 | 3 | 17 | 32 | |
| 11 | A. Howard | 14 | 0 | 14 | 37 | |
| 2 | A. Wadsworth | 10 | 3 | 13 | 24 | |
| 10 | G. Gormley | 8 | 3 | 11 | 15 | |
| 13 | R. Delate | 4 | 4 | 8 | 10 | |
| No. | Player | GAA | Saves | Sv% | Rec. | |
| 30 | H Burnham | 12 17 | 61 | 455 | 4-2 | |

PROUD SUPPORTERS OF MESSIAH UNIVERSITY ATHLETICS









FOLLOW THE FALCONS

Keep up to date on the latest Messiah women's lacrosse news by using #MessiahWLAX on Social Media!

@MessiahSports

Head Coach: Heather McKay (14th season) **Assistant Coach:** Kendra Herbenar

RETURNING STAT LEADERS

| Goals | Asst. | Pts. | Shots | |
|-------|--------------------------------|---------------------------------------|---|--|
| 3 | 2 | 5 | 7 | |
| 3 | 1 | 4 | 14 | |
| 2 | 0 | 2 | 4 | |
| 1 | 1 | 2 | 4 | |
| GAA | Saves | Sv% | Rec. | |
| 12.82 | 33 | .524 | 1-1 | |
| | 3 3 2 1 GAA | 3 2 3 1 2 0 1 1 GAA Saves | 3 2 5 3 1 4 2 0 2 1 1 2 GAA Saves Sv% | 3 1 4 14 2 0 2 4 1 1 2 4 GAA Saves Sv% Rec. |

LIVE GAME COVERAGE

Follow the action with live stats and video!
Live Video: GoMessiah.tv

Live Stats: GoMessiah.com/ wlaxstats

PHOTOS OF THE FALCONS

View and purchase your favorite pictures from today's game at **GoMessiah.com/photos**!

Check back throughout the season for more galleries!

KNOW YOUR OPPONENT

KNOW TOOK OFF

Mascot: Warriors Founded: 1812 Enrollment: 1,140

Location: Williamsport, Pa.

Athletic Conference: MAC Freedom
Athletic Programs: 20 (10 men - 10 women)
Athletic Department Twitter: @lycoathletics
Athletic Department Instagram: @lycoathletics

This program is a publication of the Messiah University office of Athletic Communications. Reproduction, distribution or commercial use of information provided is prohibited without expressed written consent of Messiah College Athletics. Any questions or concerns may be directed to Matthew Fenton at mfenton@messiah.edu

LYCOMING COLLEGE WARRIORS - 0-0

| No. | Player | Class | Pos. | Ht. | Hometown | Previous School |
|-----|---------------------|-------|------|------|----------------------|----------------------|
| 1 | Tess Arnold | So. | М | 5-8 | Elmira, N.Y. | Elmira |
| 2 | Jenna Soukaseum | Fr. | М | 4-11 | Stewartstown, Pa. | Kennard-Dale |
| 4 | Kailey Coelho | Jr. | D | 5-0 | Fayetteville, N.Y. | Fayetteville-Manlius |
| 6 | Rorie Bass Foresman | So. | Α | 5-2 | Danville, Pa. | Danville Area |
| 7 | Emma Lehr | Jr. | M | 5-8 | Danville, Pa. | Danville Area |
| 10 | Nevaeh Wertman | Fr. | A | 5-4 | Muncy, Pa. | Muncy |
| 11 | Cecilia Massey | Sr. | M | 5-2 | Middletown, Del. | Hodgson Vo-Tech |
| 12 | Alex Horafus | Fr. | A | 5-2 | Sewell, N.J. | Washington Twp. |
| 13 | Madison Wineburg | So. | D | 5-6 | Phoenixville, Pa. | Phoenixville Area |
| 14 | Maddy Garrett | Fr. | Α | 5-4 | Honeoye Falls, N.Y. | Honeoye Falls-Lima |
| 16 | Rylie Cranmer | Fr. | D | 5-3 | Butler, Pa. | Butler Area |
| 17 | Ali Klube | Fr. | D | 5-3 | Bloomfield, N.Y. | Bloomfield |
| 18 | Jessica Shaver | Fr. | А | 5-9 | Luzerne, Pa. | Wyoming Valley West |
| 19 | Alyssa Zorbaugh | Fr. | M/D | 5-10 | York, Pa. | West York |
| 21 | Erika Boyer | Jr. | А | 4-11 | East Greenville, Pa. | Upper Perkiomen |
| 30 | Gabriella Haug | So. | D/G | 5-5 | Barrington, N.H. | Oyster River |
| 33 | Zoe Stauffer | Fr. | G | 5-8 | Lititz, Pa. | Warwick |

Head Coach: Sarah Quigley (2nd season)

Assistant Coaches: Jacy Sterritt, Amber Skrutsky